PLANT FACT SHEET

Athyrium rubripes (Komar.) Kom.

GENUS *Athyrium* **FAMILY** Athyriaceae

COMMON NAMES fern

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

DESCRIPTION

A fern. The rhizome is short and stout.

HABITAT

It is a cold temperate plant. It grows at about 800 m above sea level in pine forests in north China and Russia.

NOTES

There are about 180 Athyrium species. Also put in the family Aspleniaceae and Woodsiaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8f1be98e-83ff-40b2-9974-2f9dff83d48f