PLANT FACT SHEET

Chenopodium botrys L.

GENUS *Chenopodium* **FAMILY** Amaranthaceae

COMMON NAMES Sticky goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are dried and powdered and used as a flavouring agent. They are also boiled and used as a vegetable.
They are also used for tea.

DESCRIPTION

An annual herb. It grows 20-50 cm tall and spreads 30 cm wide. It is hairy on the upper part. It is sticky and has a smell. The leaves in the middle of the stem are 3-9 cm long. They are divided to about half way to the midrib. The flowers are greenish-yellow. The seeds are a flattened round shape and 0.6-0.8 mm across.

HABITAT

It is a temperate plant. It grows in valleys, river terraces, around houses, roadsides. It grows at higher altitudes in the tropics. In NE India it grows between 2,100-2,500 m above sea level. It can grow in arid places. It suits hardiness zones 6-10.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions.
Also put in the family Chenopodiaceae.

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Wild edible plants of Himachal Pradesh

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