PLANT FACT SHEET

Sedum sarmentosum Bunge

GENUS *Sedum* **FAMILY** Crassulaceae

COMMON NAMES Stringy Stonecrop

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Vegetable

The young leaves and shoots are eaten. The leaves are flowers are used in a cooked side dish seasoned with sesame oil and soy sauce.

DESCRIPTION

A herb. It keeps growing from year to year. The stems are creeping. They form roots at the nodes. They are 10-25 cm long.

HABITAT

It is a temperate plant. In grows in shady places on rocky slopes in central China below 1,600m above sea level. In Sichuan.

NOTES

There are about 400 Sedum species.

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