PLANT FACT SHEET

Cyclea barbata Miers

GENUS *Cyclea* **FAMILY** Menispermaceae

COMMON NAMES Cincau leaves

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The leaves are crushed in water and eaten as a jelly with sweet syrup.

DESCRIPTION

A slender climber or vine. It grows 5 m high. The roots are fleshy. The leaves are oval to triangle shaped. The leaf stalk joins the blade away from the edge. The leaves are 4-10 cm long by 3-8 cm wide. The fruit are fleshy and red.

HABITAT

It is a tropical plant. It grows on the edges of forests and in shrubland. It grows up to 1,100 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8f8b5877-e7a2-45ef-9c0f-4ef19ef6e187