PLANT FACT SHEET

Paronychia jamesii Torr. & A. Gray

GENUS *Paronychia* **FAMILY** Caryophyllaceae

COMMON NAMES James's nailwort

EDIBLE PARTS AND USES

Edible parts: Plant - tea

The plant is used to make a tea.

DESCRIPTION

A herb. The stems are 10-35 cm long. They are hairy. The leaves are narrow and 7-35 mm long by 0.5-1 mm wide.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 378

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8fd33ed0-b9e3-4a80-9d66-96be6cdfa49d