PLANT FACT SHEET

Hypoxis hirsuta (L.) Colville

GENUS *Hypoxis* **FAMILY** Hypoxidaceae

COMMON NAMES Yellow star grass

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are cooked and eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It has a large corm. The stems are 15-30 cm tall. The leaves are sword shaped and 60-70 cm long by 1 cm wide. They are covered with white hairs. The flowers have 6 star shaped petals. They are about 1 cm across. They are in groups of 5-7 flowers. They are pale yellow. The flower buds are covered with small hairs.

HABITAT

It grows on mountain slopes and rocky places. It is best in acid soils.

PRODUCTION

Cultivation

Plants can be grown from seeds.

NOTES

It has also been put in the family Amaryllidaceae.

REFERENCES

Esperanca, M. J., 1988. Surviving in the wild. A glance at the wild plants and their uses. Vol. 2. p 366

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8ff448a9-72fe-4ba7-b5fd-038b9629a97d