PLANT FACT SHEET

Cissus obovata Vahl

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten.

DESCRIPTION

A slightly woody vine. It climbs by means of tendrils and grows 3-15 m long. The stems are branched and angular and fleshy. They are 3-8 mm across. They are flexible and swollen at the nodes. The leaves are alternate and have 3 leaflets. The leaflets are oval and 1-6 cm long by 1-4 cm wide. The leaflets are unequal in the side leaflets. The flowering shoots are opposite the leaves. The flowers are reddish. The fruit are round and 4-5 mm across. They are black or purple when ripe. There is one seed 5 mm long.

HABITAT

It is a tropical plant.

PRODUCTION

Harvesting and Seed Production

The plants flower in June and fruit in July.

REFERENCES

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126 (As Cissus obovata Lawson)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9000b3a2-c50a-47f6-bdab-dd4f980a65a8