PLANT FACT SHEET

Cyphostemma junceum subsp. jatrophoides (Welw. ex Baker) Verdc.

GENUS *Cyphostemma* **FAMILY** Vitaceae

COMMON NAMES Mnuwakemunda, Mwinimunda

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten.

DESCRIPTION

A small bush. It grows up to 1 m high. The stems are hollow. They have slight ridges and short hairs. The leaves have 5 leaflets. The flowers are small and in clusters at the ends of branches. The fruit are small and less than 1 cm across.

HABITAT

A tropical plant.

NOTES

There are about 200-350 Cissus species. There are about 75 species in tropical America.

REFERENCES

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 66 (As Cissus jatrophoides)

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 128 (As Cissus jatrophoides)

Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 65 (As Cissus jatrophoides)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9022cec5-94b5-4ae7-af03-a5b47f322e84