PLANT FACT SHEET

Tragopogon serotinus Sosn.

GENUS *Tragopogon* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Gum

The young leaves and stems are eaten in salads and also fried.
The gum from the latex is also used as a chewing gum.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Nanagulyan, S., et al, 2020, Wild plants and fungi sold in the markets of Yerevan (Armenia). Journal of Ethnobiology and Ethnomedicine 16:26

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/902ea8db-e03c-4586-927a-be3d6ed47d5a