PLANT FACT SHEET

Allium unifolium Kellogg

GENUS *Allium* **FAMILY** Amaryllidaceae

COMMON NAMES One-leaved onion

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb

The bulbs and young leaves are fried and eaten.
The flowers can be eaten raw or used as a garnish in salads.

DESCRIPTION

An onion family plant. It is a bulb plant. It grows 40-60 cm high and spreads 20-30 cm wide. The leaves are blue-green and flat. They have an easy to see central midrib. The leaves are 30 cm long and there is one leaf per bulb. The flowers are bell shaped and pink. They are in rounded heads.

HABITAT

It suits hardiness zones 8-10.

NOTES

There are about 300-700 Allium species. Most species of Allium are edible (Flora of China). All alliums are edible but they may not all be worth eating! They have also been put in the family Alliaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9054f16d-7a02-4ed0-a570-f17b067f3dbd