PLANT FACT SHEET

Scirpoides holoschoenus (L.) Sojak

GENUS *Scirpoides* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The stems are processed into flour.
The roots are bitten.

DESCRIPTION

A sedge herb.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/90cd658f-5944-4f10-b2e6-4498bcd4939d