PLANT FACT SHEET

Heracleum candicans var. obtusifolium (Wall. ex DC.) F.T. Pu & M. F. Watson

GENUS *Heracleum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Stems

It is cooked as a vegetable.

DESCRIPTION

A herb. The leaflets are rounded.

HABITAT

It is a temperate plant. It grows in arid mountain locations and grassy slopes between 3,000-4,200 m above sea level.

REFERENCES

Chen, W., et al, 2021, Wild plants used by the Lhoba people in Douyu Village, characterized by high mountains and valleys, in southeastern Tibet, China. Journal of Ethnobiology and Ethnomedicine (2021) 17:46

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/90f79221-ca41-4624-981c-0f2206426657