PLANT FACT SHEET

Bactris mexicana var. trichophylla (Burret) A. J. Hend.

GENUS *Bactris* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: seeds, Nuts

The kernel of the fruit is eaten fresh.

DESCRIPTION

A palm. It can grow to 8 m tall. It can form dense clumps. The trunk is 3-6 cm across. The leaf stalks are 60 cm long. Underneath there are spines 4-7 cm long. The leaf blades are up to 2 m long. There are 25 leaf segments on each side. They are 30-60 cm long by 204 cm wide. They are more pale underneath. The ripe fruit are a flattened round shape and 1.5 cm high.

HABITAT

It is a tropical plant. It grows beside streams. It grows in moist locations and up to 900 m in Guatemala.

REFERENCES

Lentz, D. L., 1993, Medicinal and Other Economic Plants of the Paya of Honduras. Economic Botany, Vol. 47, No. 4, pp. 358-370 (As Bactris trichophylla)

Standley, P. & Steyermark, J., 1958, Flora of Guatemala. Fieldiana: Botany, Volume 24 part 1 p 211 (As Bactris trichophylla)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9134badc-b798-4b58-be0a-0ea64d298d32