PLANT FACT SHEET

Sparassis laminosa Fr.

GENUS *Sparassis* **FAMILY** Sparassidaceae

EDIBLE PARTS AND USES

Edible parts: Mushoom, Fungus

The cap of the mushroom is fried.

DESCRIPTION

A mushroom.

HABITAT

It is a temperate plant.

REFERENCES

Pieroni, A., et al, 2005, Food for two seasons: Culinary uses of non-cultivated local vegetables and mushrooms in a south Italian village. International Journal of Food Sciences and Nutrition, 56(4): 245-272

Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3),

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/91a1075e-23b3-4748-b457-dd452cfc2534