PLANT FACT SHEET

Amaranthus pallidiflorus F. Muell.

GENUS *Amaranthus* **FAMILY** Amaranthaceae

COMMON NAMES Pale-flowered amaranth

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The leaves and seeds are edible cooked.
CAUTION: This plant can accumulate nitrates if grown with high nitrogen inorganic fertilisers and these are poisonous.

DESCRIPTION

An annual plant. It can be erect or lie along the ground and curve up at the ends. It grows 10-100 cm high. The flowers are green and white.

HABITAT

It is a tropical and subtropical plant. It grows in the warmer parts of Eastern Australia. It grows in sandy soils.

NOTES

There are about 60 Amaranthus species.

REFERENCES

Checklist of NT Vascular Plant Species. January 2003.

Paczkowska, G. & Chapman, A.R., 2000, The Western Australian Flora. A Descriptive Catalogue. Western Australian Herbarium. p 137

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/91c17a5d-9e20-4a93-a877-73a1cc46cae0