PLANT FACT SHEET

Coleus graveolens (R. Br.) A. J. Paton

GENUS *Coleus* **FAMILY** Lamiaceae

COMMON NAMES Native coleus, Five spice plant

EDIBLE PARTS AND USES

Edible parts: Leaves - spice

The leaves are dried and crushed and used as a flavouring.

DESCRIPTION

A small shrub. It grows 1-2 m tall. The leaves are heart shaped with teeth around the edge. They are 5-11 cm long by 3-8 cm wide. They are hairy. The flowers are blue and on long slender stalks.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

Bonney, N., 2012, Edible Wild Native Plants for Southern Australia. p 110 (As Plectranthus graveolens)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/91dd4ff0-3bf1-4974-bcb3-79a6486863d6