PLANT FACT SHEET

Linaria hirta (L.) Moench

GENUS *Linaria* **FAMILY** Plantaginaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

NOTES

Also put in the family Scrophulariaceae.

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Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3),

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9227c134-12d5-47ab-bf8d-c6c2dd57d19a