PLANT FACT SHEET

Halimium lasianthum (Lam.) Spach

GENUS *Halimium* **FAMILY** Cistaceae

COMMON NAMES Lisbon false rock rose, Woolly rock rose

EDIBLE PARTS AND USES

Edible parts: bud

The flower buds and young fruit are chewed as a snack.

DESCRIPTION

A shrub. It grows 1 m tall and spreads 1.5 m wide. The flowers are bright yellow.

HABITAT

It is a temperate plant.

REFERENCES

Pardo-de-Santayana et al, 2006, Diversity and selection of wild food plants. Proceedings of the IVth International Congress of Ethnobotany (ICEB) 2005) p 53

Pardo-de-Santayana, M., et al, 2007, Traditional knowledge of wild edible plants used in the northwest of the Iberian Peninsula (Spain and Portugal): a comparative study. Journal of Ethnobiology and Ethnomedicine 2007, 3:27

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/92357cd0-65be-44f6-a3ba-7afce3a6c129