PLANT FACT SHEET

Ornithogalum balansae Boiss.

GENUS *Ornithogalum* **FAMILY** Asparagaceae

COMMON NAMES Pyrenees Star of Bethlehem

EDIBLE PARTS AND USES

Edible parts: Leaves, Bulbs

The leaves and bulbs are cooked and eaten.

DESCRIPTION

A bulb plant. It grows 5-15 cm tall and 10-15 cm wide. It has 2 leaves near the base. They are 10 cm long. These almost lie along the ground. The flower stalks has a cluster or 2-5 star shaped white flowers.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It can be grown by bulb offsets and seeds.

REFERENCES

Pieroni, A., et al, 2018, Celebrating Multi-Religious Co-Existence in Central Kurdistan: the Bio-Culturally Diverse Traditional Gathering of Wild Vegetables among Yazidis, Assyrians, and Muslim Kurds. Human Ecology 46:217–227

Pieroni, A., et al, 2019, Where tulips and crocuses are popular food snacks: Kurdish traditional foraging reveals traces of mobile pastoralism in Southern Iraqi Kurdistan. Journal of Ethnobiology and Ethnomedicine. 15:59

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/92362dc7-3f47-42ae-b471-99d6e346b5ee