PLANT FACT SHEET

Anisostachya tenella (Nees) Lindau

GENUS *Anisostachya* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. The stems are spindly and 40 cm long. It can keep growing for a few years. It often forms roots at the lower nodes.

HABITAT

It is a tropical plant. It often grows along rivers and in moist forest. It grows in savannah and palm groves.

PRODUCTION

Cultivation

It can be grown from seeds or cuttings.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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