PLANT FACT SHEET

Artanema longifolium (Linn.) Vatke

GENUS *Artanema* **FAMILY** Linderniaceae

COMMON NAMES Subihere

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It grows 1 m high. The stems are hollow and slightly fleshy. They are almost square or winged. The leaves are simple and opposite. The leaves are broadly sword shaped. They are 4-25 cm long by 1-9 cm wide. It has deep purple red flowers. These are at the top of the plant along stalks 40 cm long. The fruit is a flattened round capsule. It has many seeds. The seeds are narrowly oval and yellow-brown.

HABITAT

It is a tropical plant. It grows in water and wet places in West and Central Africa. It can grow near rice fields and in soggy grassland. It grows up to 400 m above sea level. They grow in the moist tropics. It grows in marshy places.

PRODUCTION

Cultivation

It can be grown from seed or stem cuttings.

NOTES

There are about 4 Artanema species.
It has been put in the family Scrophulariaceae.

REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 41

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 5. Kew.

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 1 (A-H) p 245 (As Artanema angustifolium)

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 93

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 219 (As Artanema angustifolium)

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 274 (var. amplexicaule)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/927e9c17-c17d-46f8-9762-37a6b2cc5919