PLANT FACT SHEET

Cyphostemma kilimandscharicum (Gilg.) Desc. ex Wild & R. B. Drumm.

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The leaves are boiled and eaten as a vegetable.

DESCRIPTION

A climber. It grows 3-20 m long.

HABITAT

It is a tropical plant.

REFERENCES

Bussman, R. W., 2006, Ethnobotanyof the Samburu of Mt Nyiru, South Turkana, Kenya. Journal of Ethnobiology and Ethnomedicine. 2:35

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/928eaa51-2740-471f-b99a-536fdf039c7d