PLANT FACT SHEET

Kosteletzkya pentacarpos (L.) Ledeb.

GENUS *Kosteletzkya* **FAMILY** Malvaceae

COMMON NAMES Seashore mallow

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Seeds - oil

DESCRIPTION

A herb. It grows 3 m tall. It can be hairy. The leaves are narrowly oval and can have 3-5 lobes. The leaves are 6-18 cm long by 4-16 cm wide. There are teeth around the edges. The flowers are pink or occasionally white.

HABITAT

It is a Mediterranean climate plant. It grows in salty coastal marshes. It will grow in salty conditions. It will tolerate 2.0-2.5% salinity during growth.

NOTES

There are about 30 Kosteletzkya species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Centofanti, T. & Banuelos, G., 2019, Practical uses of Halophytic Plants as Sources of Food and Fodder. CAB International. p 334 (As Kosteletzkya virginica)

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 148 (As Kosteletzkya virginica)

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Kosteletzkya pentacarpos)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/92c97eb4-9b0e-4f0d-962f-9fbb81b6a5ff