PLANT FACT SHEET

Cistanthe maritima (Nutt.) Carolin ex Hershk.

GENUS *Cistanthe* **FAMILY** Montiaceae

COMMON NAMES Seaside cistanthe

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb that grows from seed each year. It has a fleshy taproot. The stems are spreading and 7-25 cm long. The leaves are on the stem. They are oval to spoon shaped and 1-6 cm long.

HABITAT

It is a temperate plant.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/92e1aa46-92d0-4e64-8f3a-54fc42074b58