PLANT FACT SHEET

Cerastium capense Sond.

GENUS *Cerastium* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plant is eaten as a potherb.

DESCRIPTION

A herb. It is erect and slender and grows 40 cm tall. It grows each year from seed. The leaves are narrowly oval and without a stalk. The flowers are white. The fruit is a capsule that splits into 10 lobes.

HABITAT

It is a subtropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/92f6a4c9-fe79-43e4-b28a-612777ecf888