PLANT FACT SHEET

Cyphostemma ternatum (Forssk.) Descoings

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are slimy and peppery.

DESCRIPTION

A climbing herb. It grows 2 m long. The stems are succulent and round in cross section. The leaves are alternate and simple. They have 3 leaflets. The leaves are 25 cm long and 30 cm wide. The leaflets are broadly oval. They are 5-20 cm long by 3-16 cm across. The flowers are greenish yellow.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Miller, A. G., Morris, M. & Stuart-Smith, S., 1988, Plants of Dhofar. The Southern Region of Oman, Traditional, Economic and Medicinal Uses. Sultanate of Oman. p 284

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9302459d-c773-4aeb-a898-6b049131b99b