PLANT FACT SHEET

Nephroma arcticum (L.) Tross.

GENUS *Nephroma* **FAMILY** Peltigeraceae

COMMON NAMES Arctic kidney lichen

EDIBLE PARTS AND USES

Edible parts: Lichen

The plant is boiled and eaten with fish eggs.

DESCRIPTION

A lichen. It can be 6-8 cm across. It forms rings or irregular lobes.

HABITAT

It is a temperate plant.

REFERENCES

Kuhnlein, H. V. and Turner, N. J., 1991, Traditional Plant Foods of Canadian Indigenous Peoples. Food and Nutrition in History and Anthropology Volume 8. Gordon and Breach. p 22

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 354

www.lichen.com/usetype.html

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9307a168-d34d-49d4-a26a-927b83db010a