PLANT FACT SHEET

Lippia micromera Schauer

GENUS *Lippia* **FAMILY** Verbenaceae

COMMON NAMES Spanish thyme, Dominican oregano

EDIBLE PARTS AND USES

Edible parts: Leaves, Flavouring

The leaves have the flavour of thyme. The small leaves and young stems are used to flavour soups, salads, meats and other foods.

DESCRIPTION

A shrub. The leaves have a scent. It grows 50 cm to 2.3 m tall. The stems are branched and arch over. They are wiry. The leaves are opposite and crowded. The blades are oval or rounded. They are 0.5-1 cm long. They are strongly creased length wise. Both sides are hairy. The base tapers and is wedge shaped. The flowering stalks occur singly. They form half round heads. The flowers are very small.

HABITAT

A tropical plant. It does well in hot, sunny locations. It can tolerate dry and poor soils.

PRODUCTION

Cultivation

It is usually grown from cuttings.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/934ab486-8962-4c72-9ae5-92841191c72e