PLANT FACT SHEET

Breynia racemosa (Blume) Mull.Arg.

GENUS *Breynia* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Medicine

DESCRIPTION

A shrub or scrambling bush. Larger plants lean on other trees. It can grow to 13 m high. The leaves are very thin. They are grey on the underside. The fruit are red berries.

HABITAT

A tropical plant. It can grow from sea level to 2,500 m above sea level. It is most common near the coast.

NOTES

There are about 25 Breynia species. Also put in the family Euphorbiaceae.
The leaves are used against coughing.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/934c8b8c-e8fc-4136-96e5-bd16dfcbbc11