PLANT FACT SHEET

Synsepalum cerasiferum (Welw.) T. D. Pennington

GENUS *Synsepalum* **FAMILY** Sapotaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten as a snack.
The ripe fruit are also soaked in water, squeezed and filtered and sugar added then the juice is drunk.

DESCRIPTION

A medium to tall tree. The crown is spreading. It grows 40 m high. The trunk is straight and 70 cm across. The leaves are dark green with paler green midribs. They are oval to sword shaped and 6-17 cm long by 5-6 cm wide. The fruit are oval red berries. They are 2.5 cm long and 2 cm wide. They are edible. There is a seed 2 cm long and 1.5 cm wide.

HABITAT

It is a tropical plant. It grows in the lowlands and the highlands. It grows in evergreen mountain forest in West Africa. In Nigeria it has been recorded at 750-1,550 m above sea level.

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