PLANT FACT SHEET

Afrosolen coeruleus (Schinz) Goldblatt & J. C. Manning

GENUS *Afrosolen* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Bulb, Root

The corm or bulb is eaten as a snack and also cooked as a vegetable.

DESCRIPTION

A corm or bulb plant. The coating on the corms are light brown with a layer of fine fibres. It grows 15-30 cm tall. The flowers are light blue to purple. They have darker marks.

HABITAT

It is a subtropical plant. It grows in the desert or dry scrubland.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 68 (As Psilosiphon coeruleus)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179 (As Psilosiphon coeruleus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9359edc7-9b64-4ed9-ad1f-1e1ab3c2e3f5