PLANT FACT SHEET

Ephedra altissima Desf.

GENUS *Ephedra* **FAMILY** Ephedraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara and arid places.

NOTES

There are about 40 Ephedra species.

REFERENCES

Fl. atlant. 2:371, t. 253. 1799

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9389c58a-01e8-49d5-b23c-5ef58b84aa6e