PLANT FACT SHEET

Commiphora campestris Engl.

GENUS *Commiphora* **FAMILY** Burseraceae

EDIBLE PARTS AND USES

Edible parts: Gum

The gum is chewed.

DESCRIPTION

A tree. It has a sweet smelling gum or resin. It has spines. There are 5 subspecies.

HABITAT

It is a tropical plant. In East Africa it grows between 10-1,200 m above sea level. It grows in areas with an annual rainfall between 230-800 mm. It can grow in arid places.

REFERENCES

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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/93c043ab-b9c2-4465-a52a-665c118d79c0