PLANT FACT SHEET

Hydrophyllum tenuipes A. Heller

GENUS *Hydrophyllum* **FAMILY** Boraginaceae

COMMON NAMES Pacific waterleaf

EDIBLE PARTS AND USES

Edible parts: Root, Stem

The roots are probably cooked and then eaten.

DESCRIPTION

A herb. It spreads by underground stems or rhizomes to form large colonies. The flowers are greenish-white.

HABITAT

It is a temperate plant. It grows in shady places.

NOTES

Also put in the family Hydrophyllaceae.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 271

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/93c14549-b77d-4332-a314-9745392d2e23