PLANT FACT SHEET

Scorzonera alpigena (K.Koch) Grossh.

GENUS *Scorzonera* **FAMILY** Asteraceae

COMMON NAMES White salsify

EDIBLE PARTS AND USES

Edible parts: Leaves

The ring of leaves at the base are eaten raw in salads or cooked in stews.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/93c1aca0-24ec-4488-921a-3f1c2ef0bfb8