PLANT FACT SHEET

Pinus armandii Franchet

GENUS *Pinus* **FAMILY** Pinaceae

COMMON NAMES Chinese white pine, Armand's pine, David's pine

EDIBLE PARTS AND USES

Edible parts: Seeds, Nut, Leaves

The seeds are eaten raw and also cooked in stir fried dishes.
The very young leaves are eaten.

DESCRIPTION

A large tree. It grows 18 m high and spreads 6 m wide. The branches are horizontal and spread out wide. The leaves are green and 15 cm long. The cones are oval and hang down. They are yellow-brown.

HABITAT

It grows in warm temperate and high altitude zones in China. It grows in Yunnan. It suits hardiness zones 5-7. Arboretum Tasmania.

PRODUCTION

Harvesting and Seed Production

In Yunnan the seeds are available for harvest in September and October.

NOTES

There are over 100 species of Pinus.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ambasta, S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 456

Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. Bioversity International. p 96

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 1046

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 169

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 277

Jackes, D. A., Edible Forest Gardens

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

Nouv. Arch. Mus. Hist. Nat. ser. 2, 7:95, 96, t. 12. 1884

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Tanaka,

Wickens, G.E., 1995, Edible Nuts. FAO Non-wood forest products. FAO, Rome. p176

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/93c37524-d2c7-4f12-b44d-6a24b40e01fc