PLANT FACT SHEET

Ceropegia gymnopoda Schltr.

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tubers are roasted and eaten.

DESCRIPTION

A herb. It forms a bulb or tuber. It is succulent and keeps growing from year to year. It grows 15 cm high. The leaves are 3-10 cm long and have short stalks. The flowers occur as 1-3 on short stalks at the nods. They are dark brownish-purple. The root tubers are 8 cm across.

HABITAT

It is a tropical and subtropical plant. In Southern Africa it grows between 500-1,600 m above sea level. It can grow in arid places.

NOTES

Also put in the family Asclepiadaceae.

REFERENCES

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 28th March 2011] (As Brachystelma gymnopodum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/93d26186-4d3d-493e-a5d7-18b8cb19495d