PLANT FACT SHEET

Psorospermum tenuifolium Hook. f.

GENUS *Psorospermum* **FAMILY** Hypericaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub. It has many branches. It grows 4 m tall or taller. The leaves are opposite. They are 2-14 cm long by 1-6 cm wide. The flowers are white. The fruit are 7-9 mm long by 6-9 mm wide.

HABITAT

A tropical plant. It grows in forest and woodland. It suits the wet tropics. It grows in swamp forests near the coast.

NOTES

Also put in the family Clusiaceae.

REFERENCES

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 79

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 96

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 195

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