PLANT FACT SHEET

Triumfetta tomentosa Bojer ex Bouton

GENUS *Triumfetta* **FAMILY** Malvaceae

COMMON NAMES Tomentose burbark

EDIBLE PARTS AND USES

Edible parts: Stem sap - vegetable

The stems and green bark are used ti make soup and sauces.

DESCRIPTION

A shrub. It grows 3 m tall. The stems are 4-7 mm across.

HABITAT

It is a tropical plant. It grows from sea level to 2,400 m above sea level.

NOTES

Also put in the Sparmanniaceae and Tiliaceae families.

REFERENCES

Fern, K. Useful Tropical Plants

PROTA

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/940a5c23-fe7d-44b2-95ba-3c779af1849d