PLANT FACT SHEET

Thymus spinulosus Ten.

GENUS *Thymus* **FAMILY** Lamiaceae

COMMON NAMES Timo spinosetto

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as an aromatic spice.

DESCRIPTION

A herb or small shrub.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/941b439b-4bd5-4c33-9fce-b7a2f0c44740