PLANT FACT SHEET

Aizoanthemopsis hispanica (L.) Klak

GENUS *Aizoanthemopsis* **FAMILY** Aizoaceae

COMMON NAMES Blue water iceplant

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are processed into flour.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant. It grows in the Sahara and in arid places.

REFERENCES

Brevard Country Edible Acres (As Aizoanthemum hispanicum)

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17 (As Aizoon hispanicum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/94355d85-aaae-4400-b1e9-4d31eaccdad3