PLANT FACT SHEET

Celosia globosa Schinz.

GENUS *Celosia* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A straggling herb. It grows 30-70 cm high.

HABITAT

It is a tropical plant. It grows in forest undergrowth and clearings. It suits hardiness zones 8-11.

REFERENCES

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Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 39

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9489931f-dc12-4d44-b0e3-8f4926ea0782