PLANT FACT SHEET

Polystemma tristiflorum (Standl.) L.O.Alvarado & S. Islas

GENUS *Polystemma* **FAMILY** Apocynaceae

COMMON NAMES Hiurote triste

EDIBLE PARTS AND USES

Edible parts: Fruit

The green fruit are eaten, usually roasted.

DESCRIPTION

A woody vine. The leaves are heart shaped.

HABITAT

It is a tropical plant. It suits the desert or dry shrubland.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 3464 (As Matelea tristiflora)

Yetman, D., 2002, The Guarijios of the Sierra Madre: Hidden People of Northwestern Mexico. University of New Mexico Press. p 180 (As Matelea tristiflora)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/949de60c-e5b0-48b9-bcbc-bd3195773485