PLANT FACT SHEET

Virola guatamalensis (Hemsl.) Warb.

GENUS *Virola* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - flavouring

The seeds are dried and used to flavour chocolate.

DESCRIPTION

A tree. It grows 30 m tall.

HABITAT

A tropical plant. It grows from sea level to 1,150 m above sea level.

NOTES

There are 45 Virola species in tropical America.

REFERENCES

Nov. Act. Nat. Cur. 68:220. 1897

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 916

Segura, S., et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/94aa31e5-f413-433a-ba7c-4e8202038e59