PLANT FACT SHEET

Plectranthus laxiflorus Benth.

GENUS *Plectranthus* **FAMILY** Lamiaceae

COMMON NAMES Citronella spur-flower, White spur flower

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Leaves

The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It grows up to 1.5 m high. The crushed leaves have a lemon (citronella) scent. The leaves are 6-10 cm long by 4-6 cm wide. The flowers are in groups of 3. They are white to pale mauve.

HABITAT

It is a tropical plant. It grows between 15-1,800 m above sea level. It grows on the edges of forests and along shady river banks.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9573991e-e101-4ba6-ba85-57a6fd34ff24