PLANT FACT SHEET

Chamaemelum gummifer (L.) Cass.

GENUS *Chamaemelum* **FAMILY** Asteraceae

COMMON NAMES Pine thistle

EDIBLE PARTS AND USES

Edible parts: flower

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Pieroni, A., et al, 2024, Isolated Mediterranean foraging: wild greens in the matrifocal community of Olympos, Karpathos Island, Greece. Journal of Ethnobiology and Ethnomedicine (2024) 20:98

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/95aee233-f825-48aa-b4b7-00e063ecc4f7