PLANT FACT SHEET

Suaeda salsa (L.) Pallas

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Winged suaeda, Heresu, Salt goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Seeds - oil

Young plants are eaten.

DESCRIPTION

An annual herb. It grows 20-80 cm high. It has many branches. It turns red in autumn. The leaves are narrow and 1-3 cm long by 1-2 mm wide. They are rounded lower down and grooved higher up. The flowers occur as 3-5 in a group in the axils of leaves.

HABITAT

It is a temperate climate plant. It grows on salty and alkaline soils of beaches, lake shores. It grows in wetlands.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/95e01b33-5453-420b-b45c-b5ef578eae96