PLANT FACT SHEET

Ephedra breana Phil.

GENUS *Ephedra* **FAMILY** Ephedraceae

COMMON NAMES Pingo-pingo, Tume

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It grows 2 m high. The stems are 1-2 mm across and internodes 2-5 cm long. The leaves are in rings of 2-3.

HABITAT

It is a temperate plant. In Chile it can grow from 500 m altitude to 3,500 m above sea level. It grows in dry areas with a winter rainfall of 100-300 mm. It can grow in areas with very low rainfall. It grows in full sun. It suits a hardiness zone of 8. It can tolerate some snow.

NOTES

There are about 40 Ephedra species.

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