PLANT FACT SHEET

Cynanchum acutum subsp. sibiricum Willd.

GENUS *Cynanchum* **FAMILY** Apocynaceae

COMMON NAMES Swallow wort

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, pod

CAUTION:

DESCRIPTION

A climber. The roots are 2 cm across. The stems are woody at the base and branched. It climbs 3 m tall. The leaves are oblong or heart shaped and 1.3-6 cm long by 1.1-4.5 cm wide. The pods are narrow and 6,5-13 cm long by 8-10 mm wide. They are hairy. The seeds are oval and 5-8 mm long by 2-3 mm wide.

HABITAT

It is a temperate plant. In China it grows between 900-1,400 m above sea level.

NOTES

There are about 150 Cynanchum species.

REFERENCES

Ges. Naturf. Freunde Berlin Neue Schriften 2:124. 1799 (As Cynanchum sibiricum)

https://en.wikipedia.org/wiki/List of wild edible plants in Mongolian cuisine (As Cynanchum sibiricum)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Cynanchum sibiricum)

READ (As Cynanchum sibiricum)

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/95eda625-8aeb-4d77-983a-a0797fcf00ca