PLANT FACT SHEET

Varthemia iphionoides Boiss. & Blanche

GENUS *Varthemia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked in soup.
They are also used as a condiment for flavouring tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant. It can grow in arid places.

REFERENCES

Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 14th April 2011]

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/95f8744b-2cda-40fa-9ce7-9b306090a95d